

## **10D9N Kiulu Voluntourism Package**

### **Day 1: Kota Kinabalu**

Upon arrival at Kota Kinabalu International Airport, meet and transfer to accommodation. Free at leisure the whole day. Stay overnight at ***Borneo Backpackers (no meals)***.

### **Day 2: Kota Kinabalu- Kinabalu Park -Kiulu**

Drive 2 hours overland to the foothills of Mt. Kinabalu at 1500m above sea level. Have a short stop at Pekan Nabal market to savour local fruits that are in season. Visit the Kinabalu Natural History Gallery and Mountain Garden in Kinabalu Park Headquarters. If weather permits, take a guided walk on one of the trails in the cool surrounding to explore the montane forest. After lunch, transfer to Kiulu. Stay overnight at ***Kiulu- Campbed/Homestay/Farmstay. (B/L/D)***

### **DAY 3 - 7: Kiulu**

After breakfast, start your morning with a briefing about your voluntourism program. Thereafter, take on the activities scheduled for the day, beginning from 9am till 5pm. On your last night in Kiulu, gather for the sharing session and update about the group's progress made with the project. Stay overnight at ***Kiulu- Campbed/Homestay/Farmstay. (B/L/D)***

#### **Voluntourism Activities:**

1. **Cultural Engagement- traditional music, traditional dances and performance, traditional games, handicraft, cooking classes**
2. **Days in the life of a farmer- land preparation, paddy planting/harvesting, paddy processing, vegetable planting, weeding, growing bamboo**
3. **Restoration- bridge repair, developing foot pathways, building refurbishment (schools, community hall, toilets etc.)**
4. **Nature trail development- Jungle trekking**
5. **Education- Eco brick, Environmental campaigns, Health Education, school farm**

**Note: While this is not an exhaustive list, changes in the activities will be subjected to weather conditions, community and project requirements.**

### **Day 8: Kiulu - Kota Kinabalu**

After breakfast, experience the beautiful Kiulu countryside just 1.5hr outside Kota Kinabalu in a unique way, riding a quad bike! Enjoy the scenic drive up and down rolling hills, traversing rivers and quaint villages amongst some of the best paddy field landscapes in Borneo. Your guide will stop along the way to share about the life of its people and fauna. A guided scenic adventure like no-where else in Borneo. After lunch, bid goodbye and transfer back to Kota Kinabalu.

Free at leisure and stay overnight at ***Borneo Backpackers. (B/L)***

***Please wear long sleeves shirts and pants, shoes (no sandals or flip flops), sunglasses, sunscreen, water bottle, change of clothes for the return journey and camera.***

**Note: You need to be 18 years old and above with a valid car/bike drivers license. Please have ready a photo, scan copy or the original license itself when asked so that we can verify that you are allowed to drive the quadbike. We have available one 2-seater Quad-Bike allowing for Pillion/Passenger option (passenger can be below 18 and does not require a valid license). Please be warned that this tour involves an element of risk. You are required to sign a liability waiver prior to riding.**

**We reserve the right to require you to ride as a passenger with the accompanying guide if the guide feels that your driving might endanger your safety.**

**Note:** Quad bike tour is subject to cancellation in the event of adverse weather conditions. If the tour cannot be commenced due to safety reasons, a substitute tour, postponement, partial or full refund will be offered.

#### **Day 9: Kota Kinabalu – Coral Island- Kota Kinabalu**

After breakfast, spend a day of sun, sea and sand on an offshore coral island. Transfer to jetty for a 20-minutes boat ride to one of the Tunku Abdul Rahman Park islands for a day of relaxation and explore jungle trails on your own. Snorkel in crystal clear water among coral reefs and rainbow-coloured fishes before we return to Kota Kinabalu at 1500 hours. Stay overnight at **Borneo Backpackers. (B/L – Picnic box)**

**Please bring along hat, insect repellent, swimwear and sun block lotion. Mask, snorkel, life jacket, towel, picnic box are included.**

#### **Day 10: Departure**

After breakfast, free at leisure until you are being transferred to Kota Kinabalu airport for departure.

#### **Important Notes:**

- *You will be working in a hot and humid environment, while shorts and tank tops are culturally acceptable, often long pants are required for trekking and trail maintenance. When working at or with Borneo Eco Tours and Best Society staffs, shoulders and knees should be covered, and a presentable appearance is required. Long sleeves act as the best protection against mosquitos.*
- *No crop tops or extremely revealing tops or shorts are permitted while volunteering.*
- *Please bring along sun block lotion, drinking water bottle, raincoat, watertight proof bags, walking stick, insect repellent, walking shoes, hat and personal toiletries.*

#### **Facilities:**

- Ceiling Fan Room
- Linens and bedding
- Clean Towels
- Shared toilet and Shower
- Common Kitchen
- Common area

#### **What's Included:**

1. Entrance Fees & Tours as stated
2. Local Home-cooked food (three meals a day)
3. Kota Kinabalu Airport transfers
4. Transport to and from your work placement
5. Certification of project completion
6. Full induction and orientation by an experienced staff member on arrival
7. Community development contribution to the project

#### **What's not included?**

1. International and domestic flights

2. Visa costs (where applicable)
3. Travel and medical insurance
4. Any items not stated

*We are moving towards a plastic-free environment; so, please join our movement by bringing your own refillable water bottle during your time with us.*